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AI features track data and require compatible phone, Samsung Health app and Samsung account.

The style you want. The insights you need.

Get a deeper understanding of your body with the all-new Galaxy Ring. Merging the convenience of a wellness tracker with the timeless elegance of a sleek band, Galaxy Ring helps go-getters track their busy days in style. It packs the latest tracking innovations into a compact design that fits comfortably on your finger so you can track the valuable wellness insights you need to keep a pulse on your life, from the conference room to the yoga studio to dinner with family and friends. Enhanced by Galaxy AI¹ Galaxy Ring gives you new ways to feel amazing, like Energy Score¹ — just open your phone to learn how ready you are to take on the day. You'll also get a great night's rest while Galaxy Ring does its thing — this sleep tracker is so comfortable, you'll hardly know it's there. The featherlight silhouette slips seamlessly into your life with a durable design² that allows you to wear it confidently from your morning shower to the gym, while a long-lasting battery³ lets you track insights for up to a week³ in between charges.

Slip on a new, easier way to keep your health on track — Galaxy Ring.

Track your health. Get your score. Own the day.

Learn how ready you are to take on the day. Gain insight to improve how you feel using your personalized Energy Score with Galaxy AI⁴

Give every day a boost

Make the most of every day using personalized Wellness Tips — track with your Galaxy Ring and review each morning with your phone.⁵

Track your heart health right from your finger

Track your heart rate all week and filter out your body's movements for a more precise reading.

Fits like a dream

Get personalized sleep insights with a sleep tracker that's so comfortable, you won't even notice it's there?

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Galaxy Ring



Colors	Titanium Black Titanium Silver Titanium Gold
Material	Titanium
Dimensions	Width: 7.0mm Thickness: 2.6mm Weight: 2.3g (US 5) – 3.2g (US 13)
Size	9 sizes (US 5 – US 13)
Battery	Ring: 18mAh (US 5) – 23.5mAh (US 13) Charging case: 361mAh Usage: up to 7 days ³ Full charge: 80 min
Sensors	Accelerometer: Yes PPG: 2 PD + 3 LED (R / 2xG / IR) Skin temperature: NTC temperature sensor
MCU	nRF5340 (Nordic)
RAM	512KB + 64KB
Memory	8MB
Connectivity	Bluetooth [®] 5.4
Water Resistance ²	10ATM, IP68

Select Galaxy AI features require compatible Samsung Galaxy phone. ²Consistent with 10ATM water-resistance classification (up to 100m of fresh water for up to 10 minutes) and IP68 rating (up to 6 feet of water for up to 30 minutes). Rinse residue / dry after wet. ³For sizes 12 and 13; up to six days for smaller sizes. Results may vary. ⁴Energy Score insight track data and require compatible Samsung Galaxy AI phone, Samsung Health app and Samsung account. ³Requires compatible smartphone. ⁴Requires compatible smartphone and Samsung Health app. The heart rate software functions are not intended for medical use. ³Must wear device for seven nights during a 30-night period. Requires compatible smartphone and Samsung Health app. © 2024 Samsung Electronics America, Inc. All rights reserved. Samsung and Galaxy Ring are trademarks of Samsung Electronics Co., Ltd. Other company names, product names and marks mentioned herein are the property of their respective owners and may be trademarks of Samsung Electronics Co., Ltd. Other company names, product names and marks mentioned herein are the property of their respective owners and may be trademarks of Samsung Electronics Co.