

Please make sure to read the enclosed Ninja® Owner's Guide prior to using your unit.



NINJA® Double Stack XL

2-BASKET AIR FRYER



Quick start guide

TIPS & TRICKS | COOKING CHARTS | 10 CHEF-CREATED RECIPES



Your guide to the perfect crisp

Welcome to the Ninja® DoubleStack™ XL 2-Basket Air Fryer. From here, you're just pages away from how-tos and recipes for cooking 4 foods at the same time. Get ready for crispy meals and snacks, all from one space-saving air fryer.

Now let's get cooking.

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Recipe Key

We've tagged recipes with these icons to help find the right ones for you.



6 customizable cooking functions

AIR FRY



Best for fresh foods like chicken wings and your favorite frozen snacks.

AIR BROIL



Best for melting cheese and crisping toppings.
See page 25 for an Air Broil recipe.

BAKE



Best for making brownies, cookies, and other baked desserts.
See page 28 for a Bake recipe.

ROAST



Best for roasting vegetables and meats.

REHEAT



Best for leftovers.

DEHYDRATE



Best for making vegetable and fruit chips and jerky.

Using a single basket

Cooking only one thing? Fill a single basket and use it like a traditional air fryer.

Step 1

Select zone

- Place food in basket.
- Select Zone 1 or 2.
- Turn the dial to select a cook function (e.g., AIR FRY).

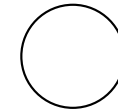


NOTE: If you would like to cook in Zone 2 only, first select Zone 2, then select a function.

Step 2

Set temp & time

- Select the TEMP button and turn the dial to set the temperature.
- Select the TIME button and turn the dial to set the cook time.



Step 3

Begin cooking

- Press the START/PAUSE button to begin cooking.



NOTE: When cooking a single layer of food, use **ONLY** the crisper tray in the lower or upper position. **DO NOT** use a Stacked Meal Rack.

For best results

When cooking a protein, make sure to place the crisper plate in the upper position.

Extra Crispy Top Layer
for proteins and fast cooking

Crispy Bottom Layer
for veggies and starches

Smart Finish™

Cook 2 foods, 2 different ways
and have them finish
at the same time.



Step 1

Select function

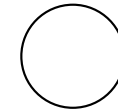
- Place food in basket.
- Select Zone 1.
- Turn the dial to select a cook function (e.g., AIR FRY).



Step 2

Set temp & time

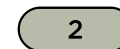
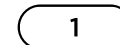
- Select the TEMP button and turn the dial to set the temperature.
- Select the TIME button and turn the dial to set the cook time.



Step 3

Program Zone 2

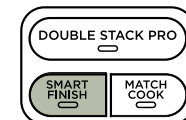
- Select Zone 2.
- Place food in basket.
- Turn the dial to select a cook function and repeat Step 2.



Step 4

Begin cooking

- Select **SMART FINISH**.
- Press the **START/PAUSE** button to begin cooking.
- The zone with the shorter cook time will display **HOLD** until it's time to start cooking.



NOTE: If you **DO NOT** select Smart Finish, foods **WILL NOT FINISH** cooking at the same time.

Match Cook™

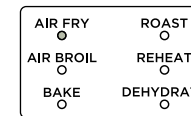
Sync your cook settings across both baskets to use the full 10-qt cooking capacity at once. Perfect for meal prep or to feed a crowd.



Step 1

Select function

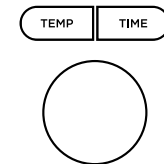
- Place food in basket.
- Select Zone 1.
- Turn the dial to select a cook function (e.g., AIR FRY).



Step 2

Set temp & time

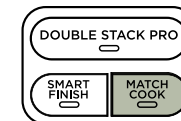
- Select the TEMP button and turn the dial to set the temperature.
- Select the TIME button and turn the dial to set the cook time.



Step 3

Begin cooking

- Select **MATCH COOK**. Unit will automatically set Zone 2 to match Zone 1.
- Press the **START/PAUSE** button to begin cooking.



Pausing cook time

Step 1

Select zone

- Select the zone you want to pause (e.g., Zone 1).
- Press the START/PAUSE button to pause cooking.

1

2

NOTE: In SMART FINISH mode, we recommend pressing the START/PAUSE button to pause both zones. Pausing only one zone will impact a synchronized finish time.

Step 2

Resume cooking

- To resume cooking, press the START/PAUSE button.



NOTE: After the cook cycle has completed, the unit will beep and display "COOL" for 60 seconds. During the cooling cycle, you are free to remove your food.

Ending cook time

Step 1

Select zone

- Select the zone you want to stop cooking in (e.g., Zone 1).

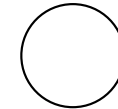
1

2

Step 2

Adjust time

- Select the TIME button and turn the dial to bring time down to zero.
- After 3 seconds, END will appear on the display. Cooking will continue in the other zone.



Adding additional cook time

- Select the zone you want to add time to.
- Select the TIME button and use the up arrow to add more time.
- After 3 seconds, the new time will be set.

Everything you need TO COOK 4 FOODS AT ONCE



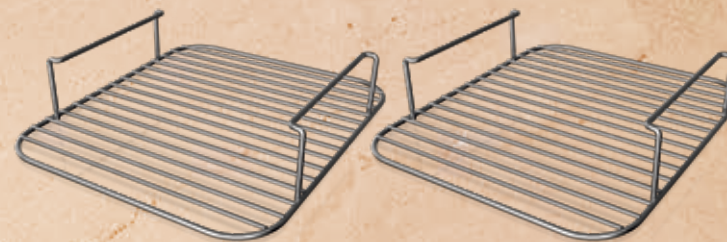
Crisper plates

Insert these at the bottom of each basket to help the rapid hot air surround your food and cook it to perfection.



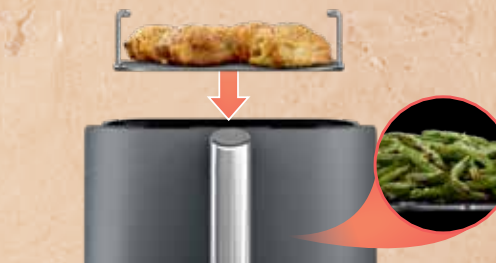
Inserting crisper plates

Insert the crisper plates with feet facing down. Make sure to install the plates every time, no matter how many layers you're cooking.



Stacked Meal Racks

2 racks, one for each basket. Insert them for multi-layer cooking or leave them out for single-layer cooking.



Inserting Stacked Meal Racks

After inserting the crisper plates, gently place racks inside with the handles facing up. They should fit snugly into the side notches in the baskets.

Lower position (bottom of basket):

Allows air to surround food for even cooking and crisping. For proper placement, make sure the cutouts are aligned on the right and left sides of the basket.

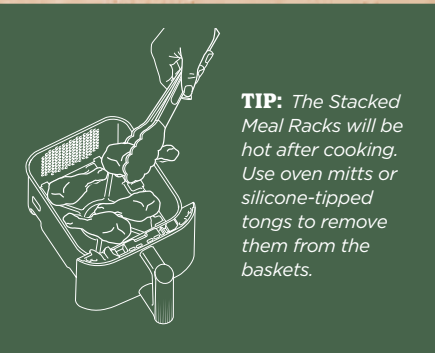
Upper position (elevated in basket):

For better browning and broiling results, we suggest using the upper position. Place the crisper plate in the basket with the cutouts facing the back of the basket.

NOTE: For best results when cooking a protein in a single zone, place the crisper plate in the upper position.

NOTE: For best results, **ONLY** use the racks when using **DOUBLE STACK PRO** in conjunction with the provided meal chart or recipes.

TIP: For easier cleanup, spray Stacked Meal Racks with nonstick cooking spray prior to use.



TIP: The Stacked Meal Racks will be hot after cooking. Use oven mitts or silicone-tipped tongs to remove them from the baskets.

DoubleStack™

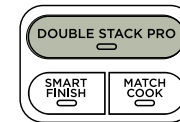
Cook 4 foods at once in 2 independent air fry baskets for crispy meals and snacks.



Step 1

Select DOUBLE STACK PRO

- Place bottom layer of food in basket.
- Insert the Stacked Meal Rack and place the top layer of food on top. (Repeat with second basket if making two meals).
- Select **DOUBLE STACK PRO***

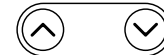


NOTE: Use **DOUBLE STACK PRO ONLY** in conjunction with the "Rack, Stack, Repeat." meal builder on pages 16 and 17 or Stacked Meal recipes.

Step 2

Set temp & time

- Select Zone 1 or 2.
- The cook temperature defaults to 450°F. If desired or instructed by recipe, select the TEMP button and use the arrows to change the temperature.
- Select the TIME button and use the arrows to set the cook time.



Step 3

Program Zone 2

- Repeat step 2 if making two meals.

Step 4

Begin cooking

- Press the START/PAUSE button to begin cooking.
- The zone with the shorter cook time will display HOLD.



*For **DOUBLE STACK PRO**, **SMART FINISH**, or **MATCH COOK** functionality, select **SMART FINISH** or **MATCH COOK** prior to starting cooking.

TIP: The Stacked Meal Racks will be hot after cooking. Use oven mitts or silicone-tipped tongs to remove them from the baskets.

Rack. Stack. Repeat.

Create 2 full meals, each with a crispy bottom layer and extra-crispy top layer.*

*IF YOU WANT TO COOK A SINGLE MEAL IN A SINGLE ZONE, REDUCE COOK TIME BY 40-50%.

Extra Crispy Top Layer
for proteins and fast cooking

Crispy Bottom Layer
for veggies and starches



Extra Crispy Top Layer



1 box frozen chicken tenders
12 oz



2 chicken breasts
6-8 oz each



1 box frozen chicken nuggets
12 oz



2 salmon fillets
6 oz each



4 bone-in, skin-on chicken thighs
6-8 oz each



1 strip steak
16 oz, 1 1/2-inch thick



4 boneless pork chops
5-6 oz each



4 pork or chicken sausages

Mix and match your favorite proteins, sides, and vegetables.

1

Select **DOUBLE STACK PRO**

Unit will default to **AIR FRY** and **450°F**.

2

Then simply use the chart on the right to set the cook time.

FOOD TYPE

TIME

| | |
|------------------------|------------|
| Chicken | 35-40 mins |
| Pork | 30-35 mins |
| Beef | 25-30 mins |
| Seafood | 25-30 mins |
| Frozen breaded chicken | 35-45 mins |

NOTE: If using only one zone to cook one layered meal, reduce recommended cook time by 40-50%. Keep an eye on food while cooking for desired results.



Looking for more? Scan the QR code for additional accessories, tips, and tricks.

Crispy Bottom Layer



Frozen shoestring fries
1 lb



Brussels sprouts
12 oz (approx. 3 cups, cut in half, stems removed)



Frozen onion rings
1 lb



Baby potatoes
1 lb (approx. 2 cups), cut in half



Green beans
1 lb, trimmed



Frozen tater tots
1 lb



Broccoli/cauliflower
1 head (about 2 cups), cut in 1-2-in. florets

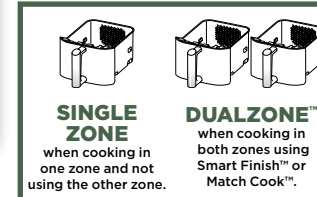
NOTE: For optimal results, we recommend not combining fresh and frozen ingredients in the same basket, and flipping proteins half way through cooking for even browning.

TIP: To cook 2 veggies at once, place one on a crisper plate and the other on a rack. For heartier veggies (e.g., potatoes, broccoli, cauliflower, Brussels sprouts), set time to 45-50 mins. For more delicate ones (e.g., green beans, asparagus), set time to 35-40 mins. If cooking both hearty and delicate veggies, add delicate one to rack after 10 mins of cooking.

Air Fry Cooking Chart

NOTE: Don't see the food you're looking for in the charts below? Find a similar food, and decrease cook time by 25%. For frozen foods, decrease the cook time on the packaging by 25%. For best results, check on food often, increasing cook time if necessary.

TIP: If cooking smaller amounts of food, use the recommended temperature, but reduce the time. For best results, check food periodically and shake or toss it often until it reaches the desired doneness.



SINGLE ZONE
when cooking in one zone and not using the other zone.

DUALZONE™
when cooking in both zones using Smart Finish™ or Match Cook™.

For best results, shake or toss often.

To pause both zones while using 2 zones, press **START/PAUSE** button.

To pause an individual zone while both zones are cooking, press the zone you would like to pause, then press **START/PAUSE** button.

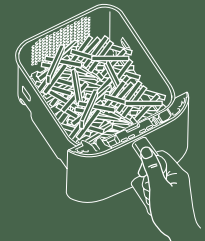
To resume cooking, press **START/PAUSE** button.

Use these cook times as a guide, adjusting to your preference.

| Bottom of basket | AMOUNT PER ZONE | PREPARATION | TOSS IN OIL | CRISPER PLATE POSITION* | TEMP | | |
|-----------------------------|---------------------|---|--------------------|-------------------------|---|--------------------------|---------------------------|
| VEGETABLES | | | | | *SEE PAGE 12 FOR CRISPER PLATE POSITION SETUP. | | |
| Asparagus | 2 bunches | Stems trimmed, cut in 2-inch pieces | 2 tsp | Lower | 390°F | 10-15 mins | 25-30 mins |
| Beets | 6-7 small | Whole | None | Lower | 390°F | 35-40 mins | 40-45 mins |
| Bell peppers (for roasting) | 4 small peppers | Whole | None | Lower | 390°F | 20-25 mins | 35-40 mins |
| Broccoli | 2 heads | Cut in 1-inch florets | 1 Tbsp | Lower | 390°F | 20-25 mins | 40-45 mins |
| Brussels sprouts | 2 lbs | Cut in half, stem removed | 1 Tbsp | Lower | 400°F | 30-35 mins | 60-65 mins |
| Butternut squash | 2 lbs | Cut in 1-2-inch pieces | 1 Tbsp | Lower | 425°F | 30-35 mins | 55-60 mins |
| Carrots | 2 lbs | Peeled, cut in 1/2-inch pieces | 1 Tbsp | Lower | 390°F | 40-45 mins | 1 hr-1 hr 5 mins |
| Cauliflower | 1 head | Cut in 1-inch florets | 1 Tbsp | Lower | 390°F | 15-20 mins | 20-25 mins |
| | 2 head | Cut in 1-inch florets | 2 Tbsp | Lower | 390°F | 20-25 mins | 45-50 mins |
| Corn on the cob | 2 ears, cut in half | Husks removed | 1 Tbsp | Lower | 390°F | 5-10 mins | 15-20 mins |
| Green beans | 2 bags (12 oz each) | Trimmed | 1 Tbsp | Lower | 390°F | 15-20 mins | 30-35 mins |
| Kale (for chips) | 5 cups, packed | Torn in pieces, stems removed | None | Lower | 300°F | 15-20 mins | 20-25 mins |
| Mushrooms | 1 lb | Rinsed, cut in quarters | 1 Tbsp | Lower | 390°F | 20-25 mins | 30-35 mins |
| Potatoes, russet | 1 lb | Thick hand-cut fries, about 1/2 inch thick, soaked in water for 30 minutes, then patted dry | 1 Tbsp | Lower | 400°F | 55 mins-1 hr | 1 hr 20 mins-1 hr 25 mins |
| | 2 lbs | Cut in 1-inch wedges | 1/2-3 Tbsp, canola | Lower | 400°F | 35-40 mins | 55-60 mins |
| | 2 lbs | Thin hand-cut fries, about 1/2 inch thick, soaked in water for 30 minutes, then patted dry | 1/2-3 Tbsp, canola | Lower | 400°F | 40-45 mins | 1 hr 45 mins-1 hr 50 mins |
| | 2 lbs | Thick hand-cut fries, about 1/2 inch thick, soaked in water for 30 minutes, then patted dry | 2-3 Tbsp | Lower | 400°F | 1 hr 5 mins-1 hr 10 mins | 1 hr 25 mins-1 hr 30 mins |
| | 3 whole (6-8 oz) | Pierced with fork 3 times | None | Lower | 400°F | 50-55 mins | 50-55 mins |
| Potatoes, sweet | 2 lbs | Cut in 1-inch chunks | 1 Tbsp | Lower | 400°F | 25-30 mins | 50-55 mins |
| | 3 whole (6-8 oz) | Pierced with fork 3 times | None | Lower | 400°F | 35-40 mins | 45-50 mins |
| Zucchini | 2 lbs | Cut in quarters lengthwise, then cut in 1-inch pieces | 1 Tbsp | Lower | 425°F | 20-25 mins | 35-40 mins |

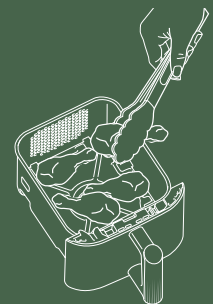
Shake your food.

We recommend shaking food at least 3 times during cooking for best results.



OR

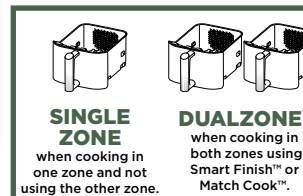
Toss with silicone-tipped tongs.



Air Fry Cooking Chart, Continued

NOTE: Don't see the food you're looking for in the charts below? Find a similar food, and decrease cook time by 25%. For frozen foods, decrease the cook time on the packaging by 25%. For best results, check on food often, increasing cook time if necessary.

TIP: If cooking smaller amounts of food, use the recommended temperature, but reduce the time. For best results, check food periodically and shake or toss it often until it reaches the desired doneness.



For best results, shake or toss often.

To pause both zones while using 2 zones, press **START/PAUSE** button.

To pause an individual zone while both zones are cooking, press the zone you would like to pause, then press **START/PAUSE** button.

To resume cooking, press **START/PAUSE** button.

Use these cook times as a guide, adjusting to your preference.

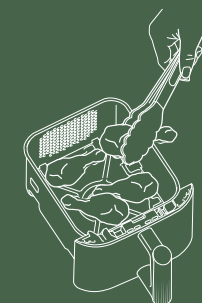
Shake your food.

We recommend shaking food at least 3 times during cooking for best results.



OR

Toss with silicone-tipped tongs.

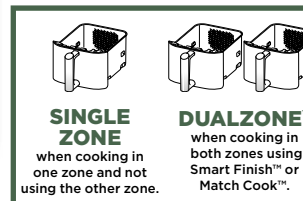


| Brushed with oil | AMOUNT PER ZONE | PREPARATION | TOSS IN OIL | CRISPER PLATE POSITION* | TEMP | | |
|---------------------------|--|-------------------------|------------------|-------------------------|-------|---|---------------------------|
| POULTRY | | | | | | *SEE PAGE 12 FOR CRISPER PLATE POSITION SETUP. | |
| Chicken breasts | 2 breasts (3/4-1 1/2 lbs each) | Bone in | Brushed with oil | Upper | 390°F | 25-30 mins | 35-40 mins |
| | 4 breasts (1/2-3/4 lb each) | Boneless | Brushed with oil | Upper | 390°F | 25-30 mins | 35-40 mins |
| Whole chicken | 4-5 lbs | Whole | Brushed with oil | Lower | 350°F | 45-50 mins | 1 hr 5 mins-1 hr 10 mins |
| Chicken thighs | 4 thighs (6-10 oz each) | Bone in | Brushed with oil | Upper | 390°F | 25-30 mins | 50-60 mins |
| | 4 thighs (4-8 oz each) | Boneless | Brushed with oil | Upper | 390°F | 15-20 mins | 25-30 mins |
| Chicken wings | 2 lbs | Drumettes & flats | 1 Tbsp | Lower | 390°F | 35-40 mins | 55 mins-1 hr |
| | 3 lbs | Drumettes & flats | 1 Tbsp | Lower | 390°F | 45-50 mins | 1 hr 5 mins-1 hr 15 mins |
| | 4 lbs | Drumettes & flats | 1 Tbsp | Lower | 390°F | 50-55 mins | 1 hr 15 mins-1 hr 20 mins |
| FISH & SEAFOOD | | | | | | | |
| Crab cakes | 4 cakes (6-8 oz each) | None | Brushed with oil | Lower | 390°F | 10-15 mins | 15-20 mins |
| Lobster tails | 4 tails (3-4 oz each) | Whole | None | Lower | 390°F | 5-10 mins | 15-20 mins |
| Salmon fillets | 2 fillets (4 oz each) | None | Brushed with oil | Upper | 400°F | 10-15 mins | 15-20 mins |
| | 3 fillets (4 oz each) | None | Brushed with oil | Upper | 400°F | 10-15 mins | 15-20 mins |
| | 4 fillets (4 oz each) | None | Brushed with oil | Upper | 400°F | 10-15 mins | 15-20 mins |
| Shrimp, jumbo (Frozen) | 2 lbs | Whole, peeled, tails on | 1 Tbsp | Lower | 390°F | 15-20 mins | 30-35 mins |
| BEEF | | | | | | | |
| Burgers | 2 quarter-pound patties, 80% lean | 1/2 inch thick | Brushed with oil | Upper | 390°F | 10-15 mins | 15-20 mins |
| Steaks | 2 steaks (8 oz each) | Whole | Brushed with oil | Upper | 390°F | 15-20 mins | 25-30 mins |
| PORK | | | | | | | |
| Bacon | 4 strips, cut in half | None | None | Lower | 350°F | 10-15 mins | 15-20 mins |
| Pork chops | 2 thick-cut, bone-in chops (10-12 oz each) | Bone-in | Brushed with oil | Upper | 390°F | 15-20 mins | 25-30 mins |
| | 4 boneless chops (6 oz each) | Boneless | Brushed with oil | Upper | 390°F | 20-25 mins | 30-35 mins |
| Pork tenderloins | 2 lbs | None | Brushed with oil | Lower | 375°F | 30-35 mins | 35-40 mins |
| Sausages | 5 sausages | None | None | Upper | 390°F | 10-15 mins | 20-25 mins |

Air Fry Cooking Chart, Continued

NOTE: Don't see the food you're looking for in the charts below? Find a similar food, and decrease cook time by 25%. For frozen foods, decrease the cook time on the packaging by 25%. For best results, check on food often, increasing cook time if necessary.

TIP: If cooking smaller amounts of food, use the recommended temperature, but reduce the time. For best results, check food periodically and shake or toss it often until it reaches the desired doneness.



For best results, shake or toss often.

To pause both zones while using 2 zones, press **START/PAUSE** button.

To pause an individual zone while both zones are cooking, press the zone you would like to pause, then press **START/PAUSE** button.

To resume cooking, press **START/PAUSE** button.

Use these cook times as a guide, adjusting to your preference.

| INGREDIENT | AMOUNT PER ZONE | PREPARATION | TOSS IN OIL | CRISPER PLATE POSITION* | TEMP | | |
|-------------------------|-----------------------|-------------|-------------|---|-------|------------|---------------------------|
| | | | | *SEE PAGE 12 FOR CRISPER PLATE POSITION SETUP. | | | |
| FROZEN FOODS | | | | | | | |
| Chicken cutlets/patties | 3 cutlets/patties | None | None | Lower | 400°F | 10-15 mins | 30-35 mins |
| Chicken nuggets | 2 boxes (12 oz each) | None | None | Lower | 390°F | 15-20 mins | 30-35 mins |
| Fish fillets (breaded) | 1 box (6 fillets) | None | None | Lower | 390°F | 15-20 mins | 20-25 mins |
| Fish sticks | 24 each | None | None | Lower | 390°F | 15-20 mins | 20-25 mins |
| French fries | 1 lb | None | None | Lower | 400°F | 20-25 mins | 35-40 mins |
| | 2 lbs | None | None | Lower | 400°F | 30-35 mins | 1 hr-1 hr 5 mins |
| | 3 lbs | None | None | Lower | 400°F | 50-55 mins | 1 hr 30 mins-1 hr 35 mins |
| Mozzarella sticks | 2 boxes (11 oz each) | None | None | Lower | 375°F | 10-15 mins | 20-25 mins |
| Pot stickers | 2 bags (10.5 oz each) | None | 1 Tbsp | Lower | 400°F | 10-15 mins | 20-25 mins |
| Pizza rolls | 60 count bag | None | None | Lower | 390°F | 15-20 mins | 25-30 mins |
| Popcorn Shrimp | 2 boxes (14-16 oz) | None | None | Lower | 390°F | 15-20 mins | 20-25 mins |
| Sweet potato fries | 2 lbs | None | None | Lower | 375°F | 30-35 mins | 55 mins-1 hr |
| Tater tots | 2 lbs | None | None | Lower | 375°F | 25-30 mins | 35-40 mins |
| Onion rings | 1 lb | None | None | Lower | 375°F | 15-20 mins | 25-30 mins |

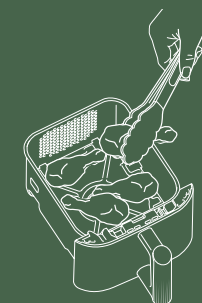
Shake your food.

We recommend shaking food at least 3 times during cooking for best results.



OR

Toss with silicone-tipped tongs.



TIP:

Swap chicken tenders for plant-based tenders if desired.



Caprese Chicken Breast with Garlic Green Beans & Chicken Tenders with French Fries

Prep: 10 minutes | **Cook:** 45 minutes | **Makes:** 2 servings of each meal

Kickstarter

Beginner Recipe ●○○



2 Crisper Plates

2 Stacked Meal Racks

Ingredients | Zone 1: Meal 1

On Crisper Plate

1 pound green beans, trimmed
1 tablespoon garlic, minced
1 tablespoon olive oil
Kosher salt, as desired
Ground black pepper, as desired

On Rack

2 boneless, skinless chicken breasts (6–8 ounces each)
1 tablespoon olive oil
Kosher salt, as desired
Ground black pepper, as desired
1 teaspoon garlic powder

1 teaspoon Italian seasoning
4 slices fresh mozzarella, ¼ inch thick
4 slices tomato, ¼ inch thick
Balsamic glaze, as desired
4 leaves basil, torn

Ingredients | Zone 2: Meal 2

On Crisper Plate

1 pound frozen shoestring French fries

On Rack

1 box (12 ounces) frozen breaded chicken tenders



- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a large bowl, add green beans, olive oil, minced garlic, salt, and pepper and toss until combined. Add green beans to the bottom of one basket, then place one Stacked Meal Rack in the basket over the beans.
- 3 Coat the chicken breasts with olive oil and then season with salt, pepper, garlic powder, and Italian seasoning. Place chicken breasts on top of the rack and insert basket in Zone 1.
- 4 Add the frozen fries to the bottom of the other basket, then place the other Stacked Meal Rack in the basket over the fries. Place frozen chicken tenders on the rack and insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY** function and 450°F temperature), then set Zone 1 time to 40 minutes. Select Zone 2, set time to 45 minutes, select **SMART FINISH**, then press **START/PAUSE** to begin cooking (Zone 1 will read **HOLD** until it's time to start cooking).
- 6 When the time reaches 10 minutes, remove Zone 2 basket. Flip chicken tenders with tongs and shake the basket in a back-and-forth motion to toss fries. Reinsert basket to continue cooking.
- 7 When cooking is complete, remove both baskets from the unit. Place 2 slices of mozzarella and 2 slices of tomato on each chicken breast, then reinsert basket in Zone 1. Select Zone 1, then use the dial to select **AIR BROIL**, set temperature to 450°F, and set time to 3 minutes. Press **START/PAUSE** to melt cheese.
- 8 Use an instant-read thermometer to ensure internal temperature of the chicken breasts and tenders has reached at least 165°F. Use tongs to remove chicken breasts and tenders and place on plates. To remove racks, use tongs to grab the center of them, or wear oven mitts and lift the racks out using the handles on their sides. Remove the green beans and fries and add to the plates with chicken breasts and tenders.
- 9 Drizzle balsamic glaze over chicken breasts, garnish with torn basil, and serve hot with garlic green beans. Serve chicken tenders with fries and desired dipping sauces.

TIP:
Use gluten-free bread and/or dairy replacements as desired.



Maple French Toast Sticks with Candied Bacon

Prep: 5 minutes | **Cook:** 18 minutes | **Makes:** 2-4 servings

Kickstarter

Beginner Recipe ●○○



2 Crisper Plates

Ingredients

Nonstick cooking spray
1 large egg
¼ cup whole milk
¼ teaspoon ground cinnamon

2 teaspoons maple syrup, plus additional for serving
10 bread pieces (preferably brioche, challah, or French bread), approx. 1 inch x 3 inches

4 thick-cut bacon strips, cut in half
3 tablespoons light brown sugar
½ teaspoon ground black pepper



- 1 Insert a crisper plate in the bottom of each basket and spray generously with nonstick cooking spray.
- 2 In a large bowl, whisk together the egg, milk, cinnamon, and maple syrup until combined. Dip bread pieces in batter until saturated (about 15-20 seconds each).
- 3 Remove bread pieces from batter and place on the crisper plate in one basket in a single layer. Spray them with nonstick cooking spray, then insert basket in Zone 1.
- 4 In a medium bowl, toss the bacon strips with the brown sugar and black pepper until evenly coated. Place strips in an even layer on the crisper plate in the other basket and insert basket in Zone 2.
- 5 Select Zone 1, then use the dial to select **AIR FRY**, set temperature to 350°F, and set time to 18 minutes. Select Zone 2, then use the dial to select **AIR FRY**, set temperature to 390°F, and set time to 15 minutes. Select **SMART FINISH**, then press **START/PAUSE** to begin cooking (Zone 2 will read **HOLD** until it's time to start cooking).
- 6 When the time reaches 7 minutes, remove baskets one at a time, then flip and rotate the French toast sticks and bacon. Reinsert baskets to continue cooking.
- 7 When cooking is complete, serve French toast sticks with maple syrup and candied bacon.

Barbecue Pork Tenderloin with Herbed Potatoes & Biscuits

Prep: 10 minutes | **Cook:** 40 minutes | **Makes:** 4 servings

Ingredients

2 cups baby potatoes, cut in half
2 tablespoons canola oil, divided
2 teaspoons garlic powder, divided
2 teaspoons onion powder, divided
1 teaspoon dried parsley
1 pork tenderloin (1 ½–2 pounds), cut in half widthwise
Kosher salt, as desired
Ground black pepper, as desired
½ tube (4 biscuits) refrigerated biscuit dough (from a 16.3-ounce tube)
¼ cup barbecue sauce

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a medium bowl, toss baby potatoes with 1 tablespoon oil, 1 teaspoon garlic powder, 1 teaspoon onion powder, parsley, salt, and pepper. Add potatoes to the bottom of one basket, then place one Stacked Meal Rack in the basket over the potatoes.
- 3 Coat the pork tenderloin in remaining oil and generously season with salt, pepper, and remaining garlic and onion powder. Place on top of the Stacked Meal Rack and insert basket in Zone 1.
- 4 Place the 4 biscuits in the other basket, then insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY**). Select Zone 1, set temperature to 375°F, and set time to 40 minutes. Select Zone 2, then use the dial to select **BAKE**, set temperature to 325°F, and set time to 15 minutes. Select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- 6 When the time reaches 5 minutes, remove Zone 1 basket and brush pork with barbecue sauce. Reinsert basket to continue cooking.
- 7 When cooking is complete, use an instant-read thermometer to ensure internal temperature of the pork has reached at least 145°F. Remove pork from the rack and allow to rest for 5 minutes. To remove rack, use tongs to grab the center of it, or wear oven mitts and lift the rack out using the handles on its sides. Slice the pork tenderloin and serve warm with potatoes and biscuits.

TIP: Swap in gluten-free biscuits if desired.

Stacked Meal

Beginner Recipe ●○○



2 Crisper Plates

1 Stacked Meal Rack

Whole Roasted Chicken with Baby Potatoes & Honey-Roasted Brussels Sprouts

Prep: 15 minutes | **Cook:** 1 hour 25 minutes | **Makes:** 4 servings

Ingredients

1 whole chicken (4–5 pounds), giblets removed, trussed
4 tablespoons canola oil, divided
1 tablespoon poultry seasoning
Kosher salt, as desired
Ground black pepper, as desired
3 cups Brussels sprouts, trimmed, cut in half
2 tablespoons honey
1 teaspoon garlic powder
2 cups baby potatoes, cut in half

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 Evenly coat the whole chicken with 2 tablespoons oil, then liberally season with poultry seasoning, salt, and pepper. Place chicken in one of the baskets, then insert basket in Zone 1.
- 3 In a large bowl, toss the Brussels sprouts with 1 tablespoon oil, honey, garlic powder, salt, and pepper. Add Brussels sprouts to the other basket, then place one Stacked Meal Rack in the basket over the Brussels sprouts.
- 4 In a medium bowl, toss the baby potatoes with remaining 1 tablespoon oil, salt, and pepper and place on the rack. Insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO**. Select Zone 1, then use the dial to select **ROAST**, set temperature to 360°F, and set time to 1 hour 25 minutes. Select Zone 2, then use the dial to select **AIR FRY**, set temperature to 450°F, and set time to 45 minutes. Select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- 6 When the time reaches 15 minutes, remove Zone 2 basket and shake in a back-and-forth motion to toss Brussels sprouts and potatoes. Reinsert basket to continue cooking.
- 7 When cooking is complete, use an instant-read thermometer to ensure internal temperature of chicken is at least 165°F. Allow chicken to rest for 5 minutes before slicing and serving. Remove baby potatoes from the rack. To remove rack, use tongs to grab the center of it, or wear oven mitts and lift the rack out using the handles on its sides. Serve chicken with baby potatoes and Brussels sprouts.

Stacked Meal

Beginner Recipe ●○○



2 Crisper Plates

1 Stacked Meal Rack

Shrimp Fajitas & Beef Taquitos with Cotija Cheese

Prep: 15 minutes | **Cook:** 25 minutes | **Makes:** 4-5 servings

Ingredients

1 red bell pepper, seeded, cut in ½-inch strips
1 green bell pepper, seeded, cut in ½-inch strips
1 medium yellow onion, trimmed, peeled, cut in thin slices
2 tablespoons olive oil
Kosher salt, as desired
Ground black pepper, as desired
3 ears of corn, shucked, broken in half
10 taco tortillas (corn or flour, 5-inch diameter), divided

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a medium bowl, toss the peppers and onions with 1 tablespoon oil, salt, and pepper. Add to the bottom of the other basket and place the basket in Zone 1.
- 3 Wrap each corn half in aluminum foil and place in the bottom of the other basket. Place one Stacked Meal Rack in the basket over the corn.
- 4 In a medium bowl, combine ground beef, 1 packet of taco seasoning, and shredded Mexican cheese blend. Divide amongst 6 tortillas in portions the length of the tortillas, then roll the tortillas up and around the meat filling to create the taquitos. Secure each with a wooden toothpick, then spray the taquitos with nonstick cooking spray. Place the taquitos on the rack over the corn. Insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY** function and 450°F temperature), then set Zone 1 time to 25 minutes. Select **MATCH COOK**, and then press **START/PAUSE** to begin cooking (unit will automatically set Zone 2 to match Zone 1).

Stacked Meal

Intermediate Recipe ●●○



2 Crisper Plates

2 Stacked Meal Racks

8 ounces ground beef
2 packets (1 ounce each) taco seasoning
Nonstick cooking spray
1 cup shredded Mexican cheese blend
2 tablespoons mayonnaise
1 tablespoon sour cream
1 teaspoon chili powder
1 pound frozen raw jumbo shrimp, peeled, deveined, tails off
¼ cup Cotija cheese
¼ cup fresh cilantro, chopped

- 6 While food is cooking, in a small bowl, combine the mayonnaise, sour cream, and chili powder, then set aside.
- 7 In a medium bowl, toss the frozen shrimp with the remaining 1 tablespoon oil and the other packet of taco seasoning.
- 8 When the time reaches 15 minutes, remove Zone 1 basket, place the other Stacked Meal Rack in basket over the peppers and onions, and place shrimp on the rack. Reinsert basket to continue cooking.
- 9 When cooking is complete, use an instant-read thermometer to ensure internal temperature of taquitos reaches at least 165°F. Remove shrimp and taquitos from the racks and set aside. To remove racks, use tongs to grab the center of them, or wear oven mitts and lift the racks out using the handles on their sides. Remove foil from corn, brush corn with mayonnaise mixture, then evenly sprinkle with Cotija cheese and cilantro. Fill the remaining 4 tortillas with shrimp, peppers, and onions. Serve the fajitas and taquitos with the Cotija corn.



Teriyaki Tofu & Teriyaki Chicken Stir-Fry with Broccoli & Peppers

Prep: 10 minutes | **Marinate:** 1 hour | **Cook:** 35 minutes
Makes: 4–6 servings

Ingredients

1 package (16 ounces) extra-firm tofu, cut in 1-inch cubes
1 pound boneless, skinless chicken breasts, cut in 1-inch pieces
1 ½ cups prepared teriyaki sauce, divided, plus additional for serving
1 red bell pepper, seeded, cut in ½-inch pieces
1 yellow bell pepper, seeded, cut in ½-inch pieces
4 cups broccoli, cut in 1-2-inch florets
2 tablespoons canola oil
Kosher salt, as desired
Ground black pepper, as desired
2 packages (8.5 ounces each) microwavable white rice, prepared
Sesame seeds, for serving
Sliced green onions, for serving

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 Place tofu in one quart-sized resealable plastic bag and chicken in another. Add ½ cup teriyaki sauce to each bag, seal, and place in a refrigerator for at least 1 hour to marinate.
- 3 In a large bowl, add the vegetables, oil, salt, pepper, and remaining teriyaki sauce. Mix to combine, divide evenly between both baskets, and place a Stacked Meal Rack in each basket over the vegetables. Place the tofu on one rack and insert basket in Zone 1. Place the chicken on the other rack and insert the basket in Zone 2.
- 4 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY** and 450°F). Select Zone 1, set Zone 1 time to 35 minutes. Select **MATCH COOK**, and then press START/PAUSE to begin cooking (unit will automatically set Zone 2 to match Zone 1).
- 5 When the time reaches 10 minutes, remove baskets one at a time and shake them in a back-and-forth motion to toss proteins and vegetables. Reinsert baskets to continue cooking.
- 6 When cooking is complete, remove the tofu and chicken from the racks and set aside. To remove racks, use tongs to grab the center of them, or wear oven mitts and lift the racks out using the handles on their sides. Add the tofu to the vegetables in the Zone 1 basket and the chicken to the vegetables in the Zone 2 basket. Serve warm with prepared white rice. Garnish with additional teriyaki sauce, sesame seeds, and sliced green onions.

Stacked Meal

Beginner Recipe ●○○



2 Crisper Plates

2 Stacked Meal Racks

Classic Meatloaf with Crispy Smashed Potatoes

Prep: 15 minutes | **Cook:** 45 minutes | **Makes:** 4–6 servings

Ingredients

1 pound ground beef
½ cup seasoned bread crumbs
2 tablespoons whole milk
1 large egg
1 tablespoon fresh parsley, chopped
1 small yellow onion, peeled, finely chopped (about ⅓ cup)
Kosher salt, as desired
Ground black pepper, as desired
2 tablespoons ketchup
1 tablespoon olive oil
1 bag (24 ounces) baby potatoes
½ teaspoon onion powder

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a large bowl, add the ground beef, bread crumbs, milk, egg, parsley, onion, salt, pepper, and ketchup. Mix with a large spoon or your hands until evenly combined. Shape into a rectangular loaf (about 7" x 4") and place in one of the baskets. Insert basket in Zone 1.
- 3 In a medium bowl, toss the baby potatoes with oil, salt, pepper, and onion powder. Add the potatoes to the bottom of the other basket, then insert basket in Zone 2.
- 4 Select Zone 1, then use the dial to select **AIR FRY**, set temperature to 400°F, and set time to 35 minutes. Select Zone 2, then use the dial to select **ROAST**, set temperature to 400°F, and set time to 45 minutes. Select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 1 will read HOLD until it's time to start cooking).
- 5 When the time reaches 15 minutes, remove Zone 2 basket. Transfer baby potatoes to a cutting board, then use the bottom of a cup or drinking glass to gently smash each potato to break the skin and lightly flatten. Place potatoes back in the basket, then reinsert basket to continue cooking.
- 6 When cooking is complete, use an instant-read thermometer to ensure internal temperature of meatloaf reaches at least 165°F. Serve meatloaf hot with crispy smashed potatoes.

DualZone™ Meal

Intermediate Recipe ●●○○



2 Crisper Plates

Roasted Salmon with Parmesan Asparagus

Prep: 10 minutes | **Cook:** 30 minutes | **Makes:** 4 servings

Ingredients

2 tablespoons Montreal Seasoning
3 tablespoons light brown sugar
4 frozen salmon fillets (6 ounces each)
2 tablespoons canola oil, divided
2 pounds asparagus, ends trimmed
Kosher salt, as desired
Ground black pepper, as desired
¼ cup shredded Parmesan cheese, divided

Directions

- 1** In one basket, insert a crisper plate in the upper position. In the other basket, insert a crisper plate in the bottom of the basket.
- 2** In a small bowl, combine Montreal seasoning and brown sugar. Evenly coat the salmon fillets with 1 tablespoon oil and the prepared seasoning, then place fillets skin side down in the basket with the crisper plate in the upper position. Insert basket in Zone 1.
- 3** In a large bowl, toss asparagus with remaining 1 tablespoon oil, salt, and pepper, then place in other basket. Insert basket in Zone 2.
- 4** Select Zone 1, then use the dial to select **ROAST**, set temperature to 375°F, and set time to 30 minutes. Select Zone 2, then use the dial to select **AIR FRY**, set temperature to 390°F, and set time to 19 minutes. Select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- 5** When the time reaches 7 minutes, remove Zone 2 basket and shake in a back-and-forth motion to toss asparagus. Sprinkle 2 tablespoons Parmesan cheese over the asparagus and toss lightly to combine. Reinsert basket to continue cooking.
- 6** When cooking is complete, transfer salmon and asparagus to a serving plate. Sprinkle the remaining 2 tablespoons Parmesan cheese over the asparagus and serve.

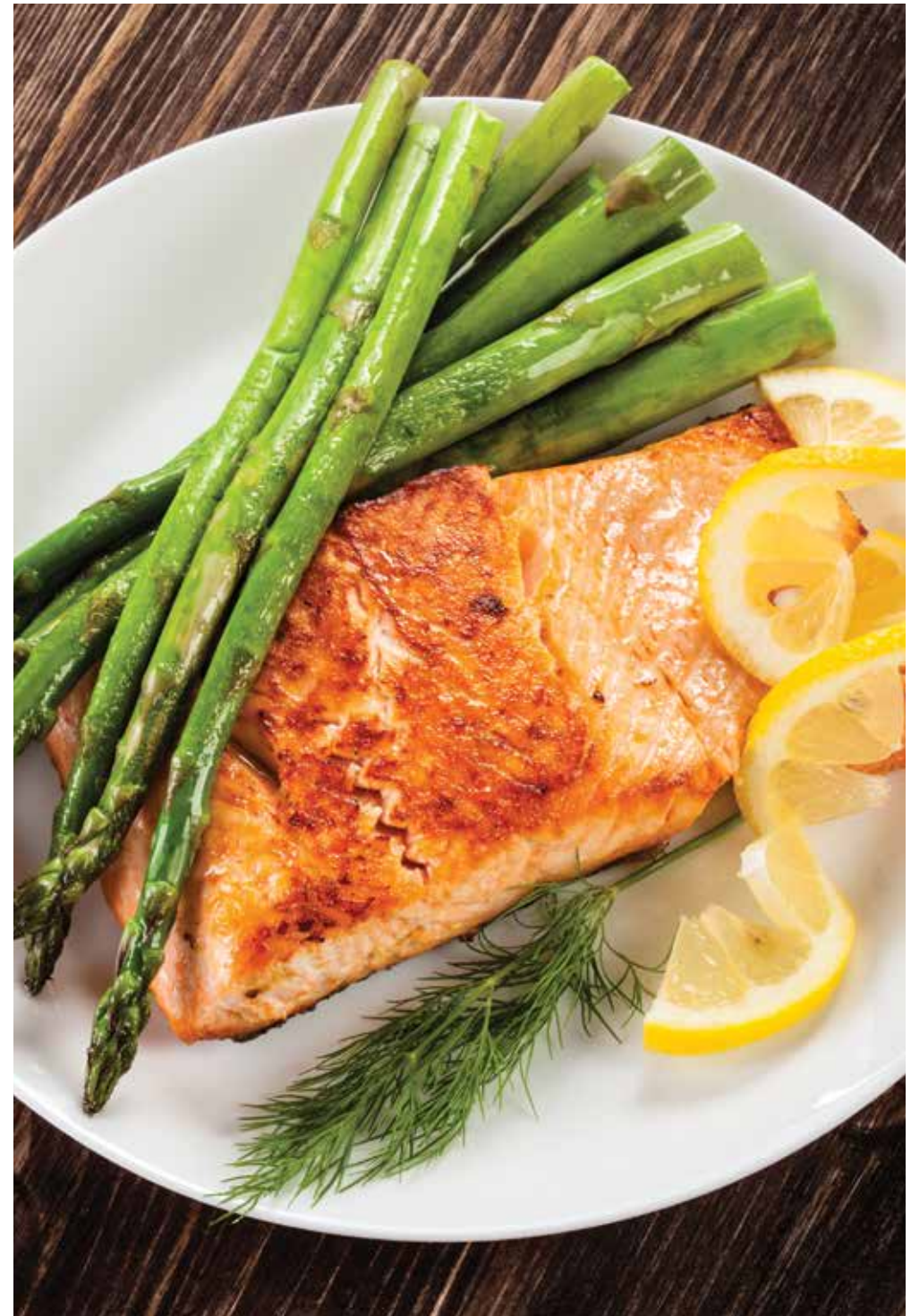
TIP: If you prefer fresh salmon fillets, use the same temperature, but reduce Zone 1 cook time to 20 minutes.

DualZone™ Meal

Beginner Recipe ●○○



2 Crisper Plates



2 Wings, 2 Ways

Prep: 5 minutes | **Cook:** 1 hour | **Makes:** 6-8 servings

Ingredients

4 pounds fresh chicken wings
2 tablespoons canola oil
Kosher salt, as desired
Ground black pepper, as desired
½ cup prepared Buffalo sauce
(or sauce of choosing)
½ cup prepared lemon garlic
marinade (or marinade/sauce of
choosing)

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a large bowl, toss together the chicken wings, oil, salt, and pepper. Divide the wings evenly between the 2 baskets, then insert baskets in unit.
- 3 Select Zone 1, then use the dial to select **AIR FRY**, set temperature to 390°F, and set time to 60 minutes. Select **MATCH COOK**, then press **START/PAUSE** to begin cooking (unit will automatically set Zone 2 to match Zone 1).
- 4 When the time reaches 25 minutes, remove baskets one at a time and shake them in a back-and-forth motion to toss wings. Reinsert baskets to continue cooking. Repeat this step when the time reaches 10 minutes, and again when the time reaches 5 minutes (use an external timer if needed).
- 5 When cooking is complete, ensure wings have reached your desired level of crispiness, and use an instant-read thermometer to ensure internal temperature of wings reaches at least 165°F. Place wings in 2 separate bowls and toss each in a different desired sauce, then serve while hot.

Snack

Beginner Recipe ●○○



2 Crisper Plates

Cinnamon-Sugar Bites with Icing Dip

Prep: 5 minutes | **Cook:** 12 minutes | **Makes:** 4-6 servings

Ingredients

1 tube (12.4 ounces)
refrigerated prepared
cinnamon rolls with icing
1 tablespoon salted butter,
melted
2 tablespoons granulated sugar
¼ teaspoon ground cinnamon

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 On a clean cutting board, cut each individual cinnamon roll into 4 pieces. Divide the dough pieces evenly between the baskets, then insert baskets in unit.
- 3 Select Zone 1, then use the dial to select **AIR FRY**, set temperature to 350°F, and set time to 12 minutes. Select **MATCH COOK**, then press **START/PAUSE** to begin cooking (unit will automatically set Zone 2 to match Zone 1).
- 4 When the time reaches 5 minutes, remove baskets one at a time and shake them in a back-and-forth motion to toss dough pieces. Reinsert baskets to continue cooking.
- 5 In a small bowl, combine sugar and cinnamon and set aside.
- 6 When cooking is complete, add cinnamon roll pieces to a large bowl, drizzle them with melted butter, then toss with cinnamon sugar to coat. Serve cinnamon-sugar bites warm with icing for dipping.

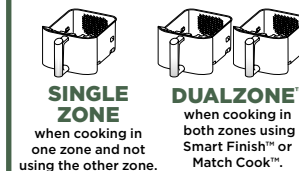
Dessert

Beginner Recipe ●○○



2 Crisper Plates

Dehydrate Chart




| INGREDIENTS | PREPARATION | TEMP | |
|--------------------------------|--|-------|--|
| FRUITS & VEGETABLES | | | TIMES ARE THE SAME FOR BOTH ZoneS |
| Apples | Cored, cut in 1/8-inch slices, rinsed in lemon water, patted dry | 135°F | 7-8 hours |
| Asparagus | Cut in 1-inch pieces, blanched | 135°F | 6-8 hours |
| Bananas | Peeled, cut in 3/8-inch slices | 135°F | 8-10 hours |
| Beets | Peeled, cut in 1/8-inch slices | 135°F | 6-8 hours |
| Eggplant | Peeled, cut in 1/4-inch slices, blanched | 135°F | 6-8 hours |
| Fresh herbs | Rinsed, patted dry, stems removed | 135°F | 4 hours |
| Ginger root | Cut in 3/8-inch slices | 135°F | 6 hours |
| Mangoes | Peeled, cut in 3/8-inch slices, pit removed | 135°F | 6-8 hours |
| Mushrooms | Cleaned with soft brush (do not wash) | 135°F | 6-8 hours |
| Pineapple | Peeled, cored, cut in 3/8-1/2-inch slices | 135°F | 6-8 hours |
| Strawberries | Cut in half or in 1/2-inch slices | 135°F | 6-8 hours |
| Tomatoes | Cut in 3/8-inch slices or grated; steam if planning to rehydrate | 135°F | 6-8 hours |
| MEAT, POULTRY, FISH | | | |
| Beef jerky | Cut in 1/4-inch slices, marinated overnight | 150°F | 5-7 hours |
| Chicken jerky | Cut in 1/4-inch slices, marinated overnight | 150°F | 5-7 hours |
| Turkey jerky | Cut in 1/4-inch slices, marinated overnight | 150°F | 5-7 hours |
| Salmon jerky | Cut in 1/4-inch slices, marinated overnight | 150°F | 3-5 hours |

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